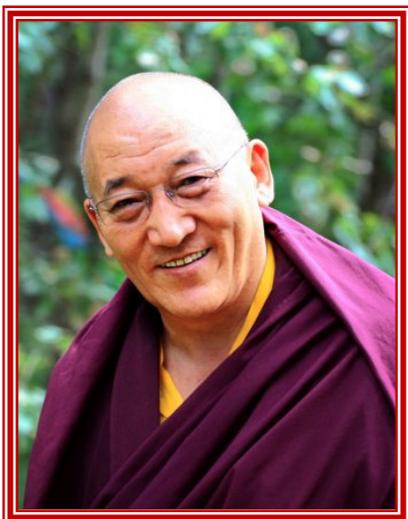


HIS EMINENCE “CHÖJE” AYANG RINPOCHE
PHOWA TEACHING IN HONG KONG
20th to 30th December 2013

“DEATH”: a morbid subject that people may not want to deal with. Some may not even want to think about it. But according to H. E. Ayang Rinpoche:

“If one knows how to die, then one will truly know how to live this life to the fullest without wasting any time on frivolous activities.”



It is very difficult to attain the precious human body. Even if one has attained human birth, it can suddenly end without warning. Because of the overwhelming power of laziness in the postponement of our practice, one's life ends without one even realizing it because life is so short and the galloping mara of death is so quick. When death comes we have no escape, we have to accept it and go on to the next life. In the Vajrayana, the Phowa practice is the most direct and the quickest path for one to achieve enlightenment. It is said that even the heaviest of sinners has a chance for enlightenment through the practice of the Phowa.

Rinpoche is considered to be the world's living Phowa master. A lineage-holder of both the Nyingma and Drikung Phowa he continues the unbroken line of succession of the Drikung Phowa lamas from Buddha. Rinpoche teaches Phowa at Bodhgaya in India every year and are attended by disciples from all over the world, and is specialized and dedicated to clarifying the precious Phowa teachings used to attain enlightenment at the moment of death.

This year, H.E. Ayang Rinpoche will come to Hong Kong to give this precious teaching. Don't miss this precious chance!

Date: 20th to 30th December 2013 (Please see the attached schedule)

Venue: Bodhisattva Cultivate Foundation Ltd, 5/F, Kuo Wah Bldg, 340 Hennessy Road, Wanchai, Hong Kong

Teaching in English, with Cantonese translation

Registration:

All participants must register in advance. Please fill-in the enrollment form and send it back to our center with the enrollment fee. Or you can send the form with a cheque to our center. Since the center is not opened daily, please call in advance to check the opening time. Deadline: 1 Dec 2013 (Telephone reservation and walk-in are not accepted)

Fee: HK\$1,500. (Elderly of 65 years old or above at HK\$500each)

Fee will be used to share the air tickets of Rinpoche and his attendant, and translator's air ticket and accommodation, and also other costs incurred during the teaching. All residues will be donated to Rinpoche's charity projects. The fee includes 1 set of practice texts and visualization photos.

Website: <http://www.amitabhafoundation.hk/>
Enquiries: 28821032(Center) / 51065430 (Whatsapp, Wechat available)
or **Email:** info@amitabhafoundation.hk



* With Special Thanks to Bodhisattva Cultivate Foundation for providing the use of venue!

Teaching Schedule

Date	Time	Event
Dec 20 (Fri)	9am – 12pm	Buddha Amitabha Empowerment
	3pm – 5pm	Buddha Amitabha Empowerment continue
	7pm – 9pm	Phowa Teaching
Dec 21 (Sat)	9am – 12pm	Phowa Teaching (Continued)
	3pm – 6pm	Phowa Teaching (Continued)
Dec 22 (Sun)	3pm – 5pm	Nyingma Phowa Oral Transmission Blessing
	7pm – 9pm	Vajrasattva Visualization teaching
Dec 23 (Mon)	9am – 12pm	Nyingma Phowa Practice
	3pm – 7pm	Drikung Phowa Teaching
Dec 24 (Tue)	9am – 12pm	Drikung Phowa Oral Transmission Blessing
	3pm – 6pm	Drikung Phowa Practice
Dec 25 (Wed)	9am – 12pm	Buddha Amitabha meditation and Visualization
	3pm – 6pm	Nyingma Phowa Practice
Dec 26 (Thur)	9am – 12pm	Three excellence teaching
	3pm – 5pm	Drikung Phowa Practice
	7pm – 9pm	Namchu Amitabha short sadhana practice
Dec 27 (Fri)	9am – 12pm	Milarepa Tsog Offering Prayer
	3pm – 5pm	Teaching on doing Phowa for others at the moment of death
	7pm – 9pm	Nyingma Phowa Practice
Dec 28 (Sat)	9am – 12pm	Teaching on doing Phowa for oneself at the moment of death
	3pm – 5pm	Short Drikung Phowa Practice
Dec 29 (Sun)	3pm – 6pm	Instruction on Phowa practice after the course
	7:30pm – 9pm	Short Nyingma Phowa practice
Dec 30 (Mon)	9 am – 12 pm 2 pm – 7 pm	Buddha Amitabha Tsog Offering Prayer

Actual time is subject to change. Please refer to our website about updates <http://www.amitabhafoundation.hk>

Remarks:

- ✧ All enrolled participants must attend the whole course of teaching. If one cannot attend any session, prior approval must be obtained from Rinpoche. No enrollment will be accepted in the middle of the course unless approved by Rinpoche. Absent without approval may not be allowed to continue. (Except those who has already received the FULL teaching from Ayang Rinpoche. Please state at the enrollment form)
- ✧ Apart from the sessions indicated as open, only those enrolled are allowed to enter the venue and attend the teachings.
- ✧ Teachings are not in a closed retreat format. However, please keep vegetarian diet during the whole course.

Phowa or “Transference of Consciousness at the Time of Death”

Life’s most awesome event is death, and death comes to all without regard to wealth, beauty, intelligence or fame. Death is inevitable, but how you die terrified and confused, or with confidence and spiritual mastery is within your control.

Phowa, or “transference of consciousness at the time of death” is the simplest and most direct method to attain enlightenment. It is also one of the methods to enable one to reach Buddha Amitabha’s pure land. Through a combination of breath, mantra and visualization techniques applied at the time of death, the consciousness is ejected from the crest aperture, circumventing the Bardos and avoiding rebirth in the six realms of cyclic existence. From this gate one’s consciousness can be transferred directly to the domain of Amitabha Buddha (Dewachen, the western Buddha field).

This practice is especially relevant in the present day, when most of us lack the luxury of lengthy solitary meditative practice. Because of this lack, as well as the overwhelming power of laziness in the postponement of our practice, we desperately need a spiritual path that is simple and direct, and which enables us to transform the stresses of modern life into a vital force that cuts through attachment to illusory objects and awakens in us the realization of our own Buddha nature.

His Eminence K.C. Choeje Ayang Rinpoche

His Eminence K.C. Choeje Ayang Rinpoche was born into a nomadic family in eastern Tibet after numerous auspicious signs appeared. He was recognised to be a reincarnate Drikung Kagyu lama by a delegation of high lama including Ayang Drubchen Tenpal Nyinpa, Melong Drubchen, Traleg Kyamgon, Chabdra Rinpoche (the tutor of H.H. the Drikung Kyabgon), and the sixteenth Gyalwa Karmapa.

Following his early education at Drikung Thil Changchub Ling, the main monastery of Drikung, he continued his studies at Nyinma Chang Ra, the Drikung philosophical college. He received all the initiations of Rinchen Ter Dzod and Kagyu Ngag Dzod from Nyinsum Tripa, a great Drikung lama. The second tutor of H.H. the Drikung Kyabgon, Ayang Thupten gave him the teachings of the Six Yoga of Naropa and Mahamudra. From Khenpo Tsense Sangpo, he received all Nyingthig initiations and teachings as well as his first Phowa teaching (this of the Nyingma tradition). He received the Upadesha from a great Nyingma Yogi, Rahor Chodra Rinpoche.

After finishing his studies and receiving many teachings he went on pilgrimage in Tibet to many of the holy places of Guru Rinpoche, doing a lengthy retreat at Phulung, where Guru Rinpoche practiced Phowa for a long time. At the end of the retreat, he performed an offering puja which was attended by many Naga, who came with offerings and circumambulated his retreat while performing mantras of Guru Rinpoche. Venerable Ayang Rinpoche felt that this was a great sign and felt it might mean that in the future he would be teaching Phowa in foreign countries.

After leaving Tibet, he received the Kalachakra initiation from H.H. the Dalai Lama in Lhasa, and in Rumtek, H.H. the sixteenth Gyalwa Karmapo gave him the initiations and oral transmissions of Chagchen Kundzod Chig She Kundrol and a special Mahamudra introduction. From Dilgo Khyentse Rinposhe in Bhutan, he received the Dam Nag Dzod, which contains the essence of all initiations and teachings of all schools. He is a lineage-holder of both the Nyingma and Drikung Phowa , and has done extensive retreat on the practice.

His Eminence K.C. Choeje Ayang Rinpoche

2013 Hong Kong Phowa Teaching ENROLLMENT FORM



PERSONAL PARTICULARS

NAME	(ENGLISH)	(CHINESE, if any)	
GENDER:	<input type="checkbox"/> Male <input type="checkbox"/> Female	CONTACT TEL NO	
CONTACT ADDRESS			
EMAIL ADDRESS			
<input type="checkbox"/> Please tick here if you are or above 65 years old, and please provide proof of age (eg. Senior Citizen Card)			

Have you ever received the full phowa teachings from Ayang Rinpoche? (eg Annual Phowa course in Bodhgaya for 9 to 10 days)

- YES (Please state Year and Place: _____)
 NO

Please choose the language of practice texts you need: (Each participant will be given 1 set of texts) :

- English with Tibetan Chinese with Tibetan

Have you ever received any other teachings from Ayang Rinpoche?

- Introduction to Phowa & Bardo Amitabha 10 level Practice
 Vajrasattva Vajrasattva Higher Level Practice
 True Nature of Mind Achi Chokyi Drolma
 Guru Dragpo Shitrol Empowerment
 Others: _____

Where did you heard about this teaching?

- Email Dharma friends
 Poster Newspaper and Magazine
 Facebook Our Website Others: _____

Please fill-in the above information and bring it back to our center with the enrollment fee on or before 1 Dec 2013. Or you can send the form with a cheque to our center (Flat A, 13/F, Waldorf Mansion, 2-6 Causeway Road, Hong Kong). Since the center is not opened daily, please call us to check the opening time. Cheques payable to : Amitabha Foundation Ltd.

Fee: HK\$1,500each. (Elderly of 65 years old or above at HK\$500each)

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Amitabha Foundation Limited
Flat A, 13/F, Waldorf Mansion, 2-6 Causeway Road, Hong Kong